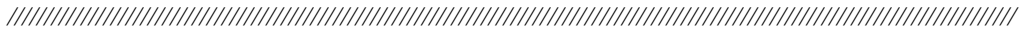




# TRAIL LIFE USA®

Adventure › Character › Leadership

## FAITH BUILDING ACTIVITY OPTIONS FOR NAVIGATORS



*Trail Life USA is a Christ-centered outdoor adventure, leadership, and character development ministry. Within the operations of the local Troop, the primary statement/profession of Christian beliefs, faith, and/or doctrine is that belonging to the Charter Organization. As with any of its ministries, the Charter Organization should take steps to ensure the Troop appropriately reflects these beliefs. Furthermore, all Trail Life USA Charter Organizations and Registered Adult Members must concurrently adhere to the Christian principles stated in Trail Life USA's Statements of Faith and Values*

*For the Navigators Ready Trailman Faith Building requirement, choose one option from the list below. Activities must be completed in conformity with Youth Protection Guidelines.*

### Option 1: Christian Religious Recognitions

Earn one of the following approved age-appropriate religious recognition awards with your church leader:

1. [The National Catholic Committee of Trail Life USA](#) (NCCTL) - *Fratres In Christo* (*Brothers In Christ*) - currently in development.
2. [Churches of Christ](#) (MCCS) - *Good Servant*
3. [Eastern Orthodox](#) (EOCS) - *Alpha Omega*

### Option 2: Navigators Worthy Life Award

Working with an adult mentor who is approved by your parent or guardian and your Trailmaster, complete an individualized or group discipleship program with a minimum duration of three months. All meetings with your adult mentor should be attended by you along with one or more peers, a parent, or family member. A minimum of two adults should be present at each meeting.

The program of at least three months includes regular meetings with your adult mentor for discussion and prayer and including the following three activities:

1. Participate in a mentored Bible study for at least ten one-hour sessions.
2. Complete at least one of the following discipleship activities approved by your mentor:
  - A. Read a Christian book and discuss it with your mentor. Possible topics include: spiritual growth, spiritual disciplines, church history, biographies of important church leaders, or apologetics.

- B. Participate in a weekend Christian retreat.
  - C. Attend a Christian study with a total duration of at least 8 hours (in addition to the ten sessions in item one).
3. Complete a final conference with your mentor.

**Option 3: *Manhood Journey* (6-8)**

Complete three modules of the Manhood Journey program with your father or other male mentor. This program is 30% off for Trail Life USA members using the code found on the Manhood Journey page in TroopTrack at this [link](#).

**Option 4: Earn any elective Trail Badge from the Values Frontier**

See [www.TrailLifeUSATrailBadges.com](http://www.TrailLifeUSATrailBadges.com).