



- If an activity will take girls or adults into water more than ankle deep a *Swim Test Classification Form* is required.
- A girl or adult always has the option to opt out of the swim test and declare themselves a Non-Swimmer (Red).
- Swim Tests can be conducted by a lifeguard, swim instructor, swim coach, water safety instructor, or other qualified adult. A "qualified adult" is one who has a recognized certification, training, license, or accreditation, and has experience in supervising/educating youth on water safety.
- *Swim Test Classification Forms* are good for one year from the date of the test.
- Troops maintain an original copy of the *Swim Test Classification Form* in Troop records for four (4) years.

Girl/Adult Name	
Troop #	
Date of Test	
Location of Test	

Any change in classification after this date will require a reclassification test. AHG Adult Members leading or conducting water activities reserve the right to retest all participants to assure that swim standards have been met.

**Please circle one classification:**

Classification	Requirements
<b>Green (Swimmer):</b> May swim in all designated swimming areas.	<ul style="list-style-type: none"> <li>• Jumps into deep water.</li> <li>• Swims 75 yards with strong forward stroke.</li> <li>• Swims 25 yards with restful backstroke or elementary backstroke.</li> <li>• Rests by floating.</li> <li>• Total 100 yards with entry and turn.</li> </ul>
<b>Beginner (Yellow):</b> May only swim in the shallow end or areas where they can touch the bottom.	<ul style="list-style-type: none"> <li>• Jumps into deep water.</li> <li>• Swims 25 feet.</li> <li>• Turns.</li> <li>• Returns.</li> <li>• Total 50 feet with entry and turn.</li> </ul>
<b>Non-Swimmer (Red):</b> Must use Coastguard approved Personal Flotation Device (PFD) and may only swim in the shallow end or areas where they can touch the bottom.	Cannot complete either of the above swimming tests, without considerable strain, touching the bottom, holding onto wall, lane lines, etc. <b>or</b> chooses to opt out of a swimming test.

Name of person conducting Swim Classification Tests:

Lifeguard     Swimming Instructor     Swimming Coach     Water Safety Instructor     Other

Certification expires:

Signature: